

Test kit: Heavy metals

ORY ANALYSIS – URINE TEST



What are the effects of heavy metals?

We encounter heavy metals in many ways in everyday life. They are unavoidable and if we think of iron, copper, zinc or selenium, for example, they are essential for life. But these vital trace elements also have a toxic effect on our organism if they are taken in too high doses or in the wrong ratio to each other. In addition, there are heavy metals that are fundamentally harmful to us. These

include mercury, aluminum, lead and uranium. Even in small doses, these heavy metals can have a negative effect on a variety of bodily functions. For example, they block important metabolic processes and are suspected of being the cause of many diseases. These include fungal infections, intestinal mucosal problems, memory disorders, Alzheimer's, Parkinson's, MS, autoimmune diseases, as well as acquired mitochondriopathies and depression. Environmental pollutants such as exhaust fumes, soil contamination or food contaminated by pesticides are to blame.

When is a heavy metal test advisable?

Heavy metal contamination makes itself felt in many ways. A drop in performance, headaches, nausea or muscle pain can be signs of such exposure. But also diseases like multiple sclerosis, dementia or chronic fatigue syndrome are associated. A healthy body has a good detoxification capacity, but if this is exceeded, we become ill. In addition, there is stress, deficiency symptoms and genetic disposition. Those who know about their heavy metal load can specifically improve their detoxification capacity and thus strengthen their health.

TESTINSTRUCTIONS:



CHECK

- Requirement sheet + instructions for execution
- Urine collection container
- 3 urine monovettes (yellow cap) + 3 extension tips (yellow)
- 3 transport tubes + mailing box



CHELATION IN THE PRACTICE

You can receive a chelation infusion at our practice - please call 030 88663373 to make an appointment.

Chelators have the ability to bind metal cations. The resulting complex is excreted from the body through the kidneys and ultimately through the urine. The following heavy metals are tested: Ag, Al, As, Au, B, Ba, Be, Bi, Cd, Co, Cr, Cs, Cu, Fe, Ga, Gd, Ge, Hg, In, Ir, Li, Mn, Mo, Ni, Pb, Pd, Pt, Sb, Se, Sn, Sr, Ti, U, V, W, Zn, Zr, creatinine.



TEST INSTRUCTION

- From the time you start your chelation infusion until 4 hours later, collect your urine in the collection container
- Shake the container before filling the enclosed 3 urine monovettes using the collection cup.
- Remove the small yellow cap from the front of the urine monovette and attach the extension tip to the monovette.
- Use the urine monovette with the extension tip like a syringe and draw urine into the monovette until it is completely filled.
- Remove the extension and throw it in the trash, put the small yellow cap back on the monovette- then break off the white puller of the monovette at the predetermined breaking point to secure the sample
- Insert the filled monovette into the transport tube and close it.



PACKING AND SHIPPING

Please put the sample tubes into the transport tubes and together with the completed request form into the shipping envelope and bring it to the mailbox or post office. Shipping envelope does not need to have postage added.



Important note: Please do not send on Friday or before holidays!

Done! You will receive an email when your results are in.



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