

Test kit: Irritable bowel syndrome

ORY ANALYSIS – STOOL TEST



Irritable bowel syndrome - what is behind it?

The term irritable bowel includes various symptoms for which no organic or biochemical causes can be identified. In Germany, about 15% are affected, more women than men. Not everyone suffers from severe symptoms, many only have symptoms occasionally, for example when traveling or due to a change in diet.

What can cause irritable bowel syndrome?

The causes are not exactly clear. Studies show that the intestinal movements of patients are disturbed and that the intestinal mucosa is particularly sensitive to mechanical or chemical irritation. In addition, some patients appear to have a lowered pain threshold in the intestine and to react more sensitively to pain. Psychological factors such as nervousness, fear or grief also affect digestion and can promote irritable bowel syndrome.

The most common symptoms of irritable bowel syndrome

Most often, patients complain of vague abdominal pain and a feeling of being unwell. But irregular stool with constipation or diarrhea as well as flatulence and a feeling of fullness are also typical. Many sufferers suffer from back pain, joint pain and headaches. In addition, there can be more frequent bowel movements, the feeling of incomplete emptying of the stool, but no nocturnal complaints, mucus in the stool.

TEST INSTRUCTION



CHECK:

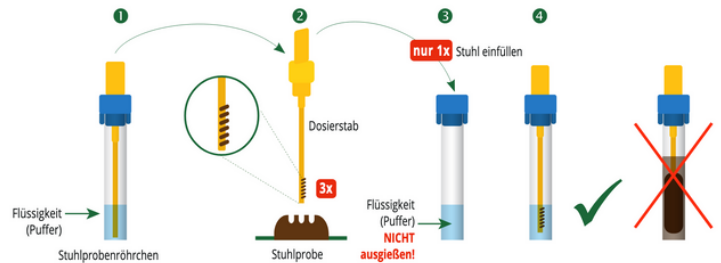
- Requirement sheet + instructions for performing the test + mailing box
- Stool collection aid
- 1 special collection set + 1 long transport tube



TEST INSTRUCTIONS:

- Place the enclosed stool catcher in the toilet bowl (depending on the bathroom installation, you can also place newspaper underneath for support)
- Catch your stool with it

- Removing the dosing rod: Unscrew the upper yellow cap from the sample tube and pull out the dosing rod located on it. The blue conical insert remains on the tube!
- Insert the dosing rod into the stool at 3 different points. The grooves of the dosing tip must fill with the stool sample.



- Put the dosing rod back into the test tube (Do not pull it out again! Repeated transfer of stool into the test tube falsifies the result). The excess stool is wiped off at the narrow opening of the blue cone insert so that only a defined amount of stool (15 mg) on the dosing rod enters the tube.
- Close the tube so that the yellow cap audibly clicks into place. Then shake until the grooves of the dosing rod are free of stool and the stool sample is completely dissolved in the liquid (extraction buffer).
- Insert the sample tube into the long transport tube



PACKING AND SHIPPING

Please put the sample tubes into the transport tubes and together with the completed request form into the shipping bag and bring it to the mailbox or post office. Shipping envelope does not need to have postage added.

Important note: Please do not send on Friday (weekend) or before holidays!



Done! You will receive an e-mail when your results are in.